

Strike Up the Band

MATERIALS LIST:

1. 3-5 music pieces that have a obvious steady beat—not too fast or too slow (120-144 beats per minute). You want your child to physically be able to accurately march to the beat.

2. Optional: Small drums, sticks, cymbals, kitchen utensils, or homemade instruments.



TIP: Children learn much by imitating. Your demonstrating how to march is a great way to help them practice building this skill, and your involvement is positive reinforcement.

Who doesn't love a parade! And there is nothing better than the marching band. Get your little ones up and moving to the beat with your own Tunie Marching Band. All you need is some great music and a little imagination.

INSTRUCTIONS

1. Play the first piece of music and lead your little one in a single-file march. March to the beat and encourage your child to "march just like you."
2. Add to the fun with real or homemade instruments that each child can hold and play while marching.
3. Try other music with either faster or slower tempos and continue to lead the band.
4. Once your band gets comfortable with the activity, its time to give each child the reigns. Let them start the band and find the steady beat.
5. Give every child in your band a chance to lead the parade.

SUGGESTED COMPOSITIONS:

"March Your Feet" The Tuneables

"March of the Toreadors" from Carmen

"Radetzky March" Strauss

"Turkish March" Beethoven

"Washington Post" Sousa